



Easter Brunch Buffet

Sunday, April 5, 2015

Seatings at 10:30 a.m. and 1:00 p.m.

Adult Buffet \$39.95++ Per Person

Children 6-12 \$12.00++, Children under 5 pay age

Easter Soup - Shrimp Albondigas
Assorted Fruit and Domestic Cheese Display
Smoked Salmon Platter with Diced Red Onion, Capers, Chopped Egg, Lemons and Cream Cheese
Assorted Toasted Bagles and Cream Cheese
Ventana Bleu and Caesar Salad Bar
Green Bean Salad, Antipasto Salad
Deviled Eggs
Grilled Vegetable Platter
Shrimp, Oysters and New Zealand Green Lip Mussels
Eggs Benedict
Bacon and Sausage
Roasted Chicken Breast with Wild Mushroom Sauce
Herb Crusted Salmon with Lemon Butter
White Bean and Red Swiss Chard Pancetta
Mashed Potatoes
Roasted Root Vegetables

Action Stations:
Ham with Apple Brandy Glaze
Roasted Ribeye with Au Jus and Horseradish Cream
Garlic Roasted Leg of Lamb, Minted Jus, Mint Jelly
Made-to-Order Omelets and Waffles

Assorted Desserts

Children's Buffet:

Crustless Peanut Butter & Jelly Sandwiches, Chicken Fingers, French Fries and Cookies & Brownies

Please RSVP with the Dining Room Hostess at 520-577-4075.

**Easter
Egg
Hunt**

12:00 noon Sharp

**Hunt will be in the
Front Circle**

**RSVP for the Hunt ONLY
with Gwyen at 577-4000**



MANAGEMENT REPORT

Still Time to Support The Men's Shootout

We still have a few open spots for one of the biggest golf events of the year—the Member-Guest Shootout, which is scheduled April 15-18. Over the years, this tournament has been very popular, but requires consistent member support to remain a viable event on our annual calendar. We are hoping to attract a larger field this year with our \$495 entry fee—a \$300 discount from the 2014 fee.

Each year, we try to make the event more attractive to golf members and their guests, which is why the entry fee was reduced. This is the last major golf event of the season, so if you are thinking of participating, contact the Golf Shop today and review the schedule.

If you have been at the club recently you are probably aware that we are extraordinarily busy. The golf courses are full, as is the Lodge. All this is good news, of course, but puts pressure on our staff and facilities. Construction of the new recreation pool adds to the stress by reducing the number of parking spaces available.

Since parking is at such a premium, we have asked all of our employees to limit their parking to the lower lot and the dirt employee lot south of the pool complex. After the initial phase of pool construction, we will be able to make 14 additional parking spaces available on the north side of the tennis courts. In the meantime, however, parking will be extremely tight and we ask everyone's understanding and cooperation.

Meanwhile, the staff is busy preparing for a full calendar of events as the season begins to wind down. The month opens with a tasting of



GEORGE WHITE

some of the most acclaimed American wines from Domaine Serene, which is famous for its Oregon pinot noirs and chardonnays, including their flagship Evenstad Reserve—selected as number 3 on *Wine Spectator's* list of the top 100 wines of the year in 2013. This should be a memorable event.

Our annual Easter Brunch follows on April 5. Food and Beverage has planned a grand buffet with a plentiful selection of tasty desserts. Make reservations for one of the two seating with the dining room hostess.

An exciting tour of the U of A's Steward Mirror Lab and the university's College of Optical Sciences is planned for April 9. The mirror lab is famous for making the largest and most technically advanced telescope mirrors in the world. Be sure to sign up early to assure a seat in the tour bus.

I am sure that most of us are interested in the topic of "Normal Aging," which is the theme of our U of A "Mind and Brain" series lecture on April 22. Our guest speaker will be Dr. Carol Barnes, regent's professor in the departments of psychology, neurology and neurosciences. Dr. Barnes' talk will focus on how the brain changes during the aging process. We expect a big turnout.

Finally, many members are looking forward to our annual "Happy Trails" mixer on April 23.

As you can see, the month is jam-packed with interesting events—something for everyone.

George White
CEO/General Manager

Ventana Vistas is published monthly by the Ventana Canyon Alliance, LLC, for members of the Ventana Canyon Golf & Racquet Club. Articles are contributed by club members and staff.



BOARD OF MANAGERS:

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Jim Hamill, treasurer

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Trish McCabe
Dolf Paier
Mike Rozen
Deenagh Steele

George White, CEO

gwhite@thelodgeatventanacanyon.com

Christine Baker-Perry, editor

cbaker@thelodgeatventanacanyon.com

Andrea Kaplan, copy editor

akaplan@thelodgeatventanacanyon.com

OUR MISSION

We will provide a premier club experience to all those who enter the gate. We are well trained professionals committed to consistently delivering a memorable experience through a service culture focused on anticipating every detail.

ANNOUNCEMENTS

Membership Reminders:

It is hard to believe how time flies by so quickly. Every September the membership food and beverage minimum balance resets.

I just wanted to give you a friendly reminder that we are already past the halfway mark for 2014/2015. Have you made your reservations for a family gathering? Easter Brunch? Do you need a private event catered? You are always welcome to take meals or two to go. Let us know if we can help you make any special dining arrangements for you and your guests. Call Emily Bloom, Director of Catering at 520-577-4011.

Yet another reminder, if you are ever wondering where you are on your Food and Beverage balance for the year, you can always check your account on the Club website. You can keep abreast of all that is happening at the Club including your most recent charges to your membership account number. You can also check your Food and Beverage minimum. The website also has a complete membership directory including new members and ones that are not in the paper directory for one reason or another. The website is www.ventanacanyonclub.com

We encourage everyone to visit the site often. If you are unsure of your user name and password, please contact Michelle K. Smith at 520-577-4012 or Christine Baker-Perry at 520-577-4088 to send you a link to reset your login.

*Michelle Smith
Membership Sales Manager*

Member Portraits

Saturday, April 18th - 12:00 pm - 4:00 pm

The Portrait Sittings are \$50, which covers the sitting, your portrait for the member wall and a complimentary 5x7 from the sitting (additional photos may be purchased on-line).

SCHEDULE AN APPOINTMENT Call [Christine at 577-4088](tel:577-4088), or send an email to steve@Lambesisphoto.com with a "best time".



Daniel Frost

passed away on
February 25, 2015

Our deepest sympathy to his
dear wife, Sue, their
family and friends.

DINING HOURS OF OPERATION

MONDAY - TUESDAY

Catalina Room

Breakfast 6:30 am-11:00 am
Lunch 11:00 am-2:00 pm
Closed for Dinner

WEDNESDAY - SUNDAY

Catalina Room

Breakfast 6:30 am-11:00 am
Lunch 11:00 am-2:00 pm
Dinner 5:00-9:00 p.m.

Patio

6:30 am-9:00 pm

MONDAY-THURSDAY

Ventana Bar

2:00 pm-9:00 pm

FRIDAY AND SATURDAY

Ventana Bar

11:00 am-10:00 pm

Patio

6:30 am-10:00 pm

SUNDAY

Ventana Bar

11:00 a.m. - 9:00 pm

**Hours and availability may
change due to private functions*

Visit the Member
Website:
www.ventanacanyonclub.com

ANNOUNCEMENTS

KNITTERS' KNOOK

THE KNITTERS' KNOOK IS REMINDING ANY interested knitters to join them! ALL levels (including those who would like to learn how to knit) are welcome!

We meet every Tuesday from 10:00 a.m. until noon; please check The Rock for the exact location each week.



WELCOME
THANKS FOR JOINING US

NEW MEMBERS

GOLF

Marty and JoAnn Kolonel
5112 N. Ft. Buchanan Tr.
Tucson, AZ 85750
970-846-1108

TENNIS

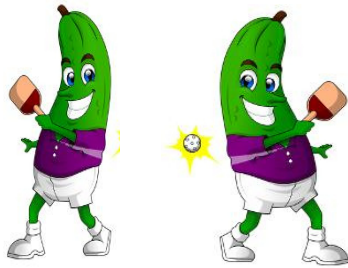
Georgiann and John Carroll
5680 E. Paseo del Fuente
Tucson, AZ 85750
577-0783

Kamal and Ola Moukabary
6400 E. Miramist Place
Tucson, AZ 85750
520-615-1523

SOCIAL

Brian and Jill Harlow
5963 N. Golden Eagle Dr.
Tucson, AZ 85750
520-400-4280

PICKLEBALL



Ventana Canyon Golf & Racquet Club

Pickleball Drop-In(s)

Tuesday:	4:00 p.m.
Thursday:	9:00 a.m.
Saturday:	9:00 a.m.

Court #8 will be set up for these drop-in times. Pickleball equipment is also available other times by contacting the Tennis Shop at 520-577-4009 in advance.

A SPECIAL THANK YOU

To David & Tracy Jeck for referring the Mr. & Mrs. Harlow as new social members and to Linda Fountain and Claudia Johnson for referring Mr. & Mrs. Carrol as new tennis members!

ANNOUNCEMENTS



ACBL Charity Bridge at Ventana

Ventana Charity Bridge would like to thank all of our players who support our game. We have been averaging seven tables each Monday night. We would like to encourage more of our Ventana Country Club members to come and join us for a challenging but enjoyable game of Bridge. We are a non-life master game primarily, but we do have life master players who like our game and participate though they do not earn any master points for placing. We are the only DINNER/BRIDGE game in Tucson. If you would like to play in a pleasant atmosphere, please join us by emailing our hostess, Caron Weinstein at caronweinstein@comcast.net.

Please arrive at the game a little early so that the staff can take your dinner orders prior to the game starting promptly at 5:00 p.m.

We just want to thank all the Ventana Members and Guests who support our game by coming to play each week. We also want to send a big thank you to the wonderful staff at Ventana who serve us so graciously every Monday night. A particularly big thanks to George White and Chef John who have come up with a menu plan and pricing that is working very well for everyone. We enjoy eating in our lovely dining room now which is also a great change. As it says on our website, "We give from our hearts". Now we want to say "Thanks a million to all of you from the bottom of our hearts"!!



BOOK CLUB

Carol and Burt Cunin will lead the discussion on their selected book **WAITING FOR THE BARBARIANS** by John Maxwell Coetzee. The story centers on crisis of conscience and morality of the Magistrate, a loyal servant of the Empire in a tiny frontier town. He is doing his best to ignore an inevitable war with the Barbarians.

Our meeting on April 28th starts at 6:15 p.m. sharp and dinner is served at 7:20 p.m. Please make your reservation for dinner with Gwyen, 577-4000, and come early to place your order from the menu before the start of our meeting.

See you there.
Nelda Clark

CONSTRUCTION UPDATE



POOL CONSTRUCTION

- › DEMOLITION COMPLETE
- › EXCAVATION IN PROGRESS

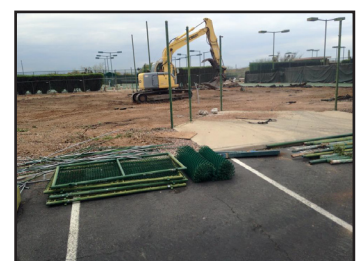


BAR CONSTRUCTION

- › BUILDING PERMIT IN PROGRESS

MEN'S LOCKER ROOM

- › TARGETED START DATE IS JUNE 2015



ANNOUNCEMENTS



Ventana Velos

*Social Bike Riding Group
"Fun Ride"*



Tuesdays at 9:00 a.m. Meet at the Club Front Entrance

Average 20 Mile Ride

SPA

*Come visit us at
THE DAY SPA*

Detox, nourish and hydrate your skin for a fresh-faced, fresh body glow just in time for spring!

Why not try our exfoliating salt scrub which is infused with essential oils of lavender, eucalyptus, tea tree and aloe. Followed by a 50 minute massage, **this treatment will leave you glowing and rejuvenated.**

Our **'Ageless Spring Facial'** includes a fresh berry blend of blueberry, acai and goji berry. A refined, radiant complexion is the result of this refreshing treatment!

SPRING FACIAL SPECIAL...Book a facial and receive a **FREE** Brow Maintenance Wax!

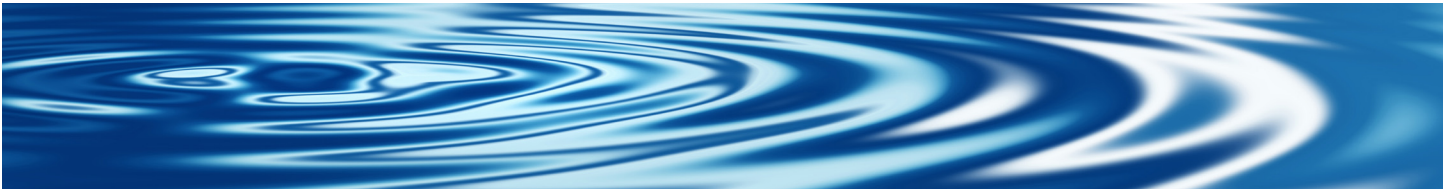
Our group of talented massage therapists can help you get ready for all your summer activities; golf, tennis, hiking...Why not book a **Sports Massage** where the therapist will work with you to target specific muscle groups, helping to prevent injury and increase range of motion.

Book a treatment for yourself or a loved one...520.577.4044

WE LOOK FORWARD TO SEEING YOU AT THE DAY SPA!



POOL



It's that time of year...

Summer Swim Team at Ventana Canyon is HERE!

We are gearing up for another fun season, and we don't want you to miss out! Registration is now open for the 2015 summer swim team right here at Ventana Canyon. Our team is open to both members and non-members, and we are always looking for new families to join as well as looking forward to seeing the familiar faces of our returning families. If swim team is not for you or your family, consider our private lessons, also available at the pool this summer.

If you have never done a summer swim season with us, this is the perfect time to start! **Here are three reasons why summer swim team at Ventana Canyon is the perfect activity for you and your family:**

1. **It's for everyone:** Everyone is welcome to join the team--all ages (4 to 18), all ability levels (beginning to advanced), and all personalities (laid-back to competitive and shy to outgoing). Everyone can find the fun in this activity. Whether your swimmer is returning for her fifth season or your swimmer is ready for his first, both will enjoy this experience. Swimming is the perfect combination of an individual and a team sport that allows the kids to cheer for the team and also strive for individual success.
2. **It's fun:** The summers in Tucson are scorching, so splashing around in the refreshing water is always a treat. Most likely, your swimmer will see some familiar faces on the team—whether from past swimming summers or from school, your swimmer will have friends at the pool. Plus, making new friends is a given. The ability to swim with friends every day at practice and enjoy swim meets together makes the experience all the better. Plus, the team is fun for the parents, too! Parents will meet other families and chat pool side at practices and meets. This is the perfect atmosphere for families to enjoy something together and spend time with one another.
3. **It's relaxed yet rewarding:** The summer swim season is short--just a few months--so the time commitment is brief but fulfilling. The environment is relaxed, with an emphasis on fun, but the kids will develop their swimming skills and put in some hard work at practice. This hard work pays off as they compete in the meets, and there is really nothing better (or more rewarding) than watching their confidence grow as they reach their goals. The kids will be motivated and inspired to do their best, and you will be motivated and inspired by what they achieve.

QUICK FACTS:

Dates: Register now! Our season begins Monday, April 13th and ends Tuesday, July 14th.

Times: Practices are in the afternoons until school is over, and then in the mornings beginning June 1st.

Prices: Prices vary depending on participation time, but members can participate for just \$250 for the entire summer season!

Contact: Coach Tori Gutt; tori.vcswimteam@gmail.com; 520-971-0248

For me information and details, please visit our website at www.ventanacanyonswimteam.com

Swim Lessons

Can't swim or want to improve your stroke? We are offering private swim lessons to folks of all ages and abilities with flexible hours to work with your schedule. Please call the pool at 520-577-1400, ext. 336 to schedule a lesson today!

FROM YOUR PERSONAL CONCIERGE

Celebrate Earth Day!

- 3/31-4/5: "Once" at Centennial Hall
- 4/1-5/17: "Astronomical: Our Solar System & Beyond" at UA Center for Photography
- 4/1-6/15: "Shadow Play" at Museum of Art
- 4/1-6/30: "Latin American Folk Art" at Museum of Art
- 4/1-7/5: "WPA Modern Art" at Tucson Museum of Art
- 4/2: "Arlo Guthrie" at Fox Theatre
- 4/2-5/10: "Enchanted April" at Live Theatre Workshop
- 4/2-6/7: "Robin Hood" at Gaslight Theatre
- 4/3-5: "Easter Egg Hunt" at Tucson Zoo
- 4/4: "Mary Chapin Carpenter" at Fox Theatre
- 4/4: "Airplane Make n' Take" ages 5+ at Pima Air Museum
- 4/4-26: "A Weekend With Pablo Picasso" at Arizona Theatre Company
- 4/6: "Simon & Garfunkel Tribute" at Gaslight Theatre
- 4/7-19: "Shear Madness" at Invisible Theatre
- 4/8-11: "International Mariachi Conference" at Casino del Sol
- 4/9: "Rick Springfield" at Fox Theatre
- 4/10: "Food & Wine Festival" at Tucson Museum of Art
- 4/10 + 12: "Haydn and Bruckner" TSO at Tucson Music Hall
- 4/11: "Bugs for Breakfast" ages 6-12 at Tucson Zoo
- 4/11: "US Aircraft in Antarctica" at Pima Air Museum
- 4/11: "Living History Days" at Tucson Presidio
- 4/11-12: "Art & Jazz Festival" at St. Philip's Plaza
- 4/12: "Alvin Ailey Dance Theatre" at Centennial Hall
- 4/13: "Armen Dirtadian" at Gaslight Theatre
- 4/16: "Art of the Voice" AZ Opera at Tucson Museum of Art
- 4/16: "Star Party" 7:00 p.m. talk & telescope session at Saguaro East



ARLENE COREY

- 4/16-26: "Pima County Fair" at Fairgrounds
- 4/16-26: "The Mandrake" at Pima College
- 4/18: "Ladies Sing the Blues" at Fox Theatre
- 4/18: "Barrel Racing" at Old Tucson
- 4/18: "Lamson 719, Invasion of Laos" at Pima Air Museum
- 4/18-19: "Daughter of the Regiment" Arizona Opera at Tucson Music Hall
- 4/18-19: "Tucson Regional Ballet" at Leo Rich Theatre
- 4/19: "Cyclovia" around town
- 4/19: "Little Critters Workshop" ages 2-5 at Tucson Zoo
- 4/21-26: "Newsies" at Centennial Hall
- 4/23: "Merle Haggard" downtown at Fox Theatre
- 4/25: "The Royal Opera" downtown at The Screening Room
- 4/25: "Men are from Mars, Women are from Venus" at Fox Theatre
- 4/25: "Young Explorers Program" ages 6-12 at Tucson Zoo
- 4/26: "Moveable Musical Feast" TSO at Tucson Museum of Art
- 4/26: "Cantores" male quartet a cappella at Pima College
- 4/27: "Classic Country Hits" at Gaslight Theatre
- 4/30-5/17: "The Merchant of Venice" at Rogue Theatre

Out of Town:

- 4/9-13: Chaco Canyon tour with Tohono Chul
- 4/16-19: Nature & Heritage Festival in Rio Rico
- 4/18-19: Wine Growers Festival in Elgin

Please stop by my desk any time if you have questions about these or other events.



SUMMER CAMPS

Summer Camp 2015

Choice of Three Camps:



Golf Camp
Tennis Camp
Sports Camp (Tennis & Golf)
All Day Option from 9:00 - 5:00 p.m. (Add-on)**
Ages 6 to 14

*Each session requires a minimum of 3 students.
Parents will be notified of any sessions that are cancelled due to a lack of students.*

MONDAY THROUGH THURSDAY
9:00 AM - 2:00 PM / 5:00 P.M. (NEW END TIMES)

CAMP DATES

WEEK 1: MAY 26-29 (TUESDAY -FRIDAY)
WEEK 2: JUNE 1-4
WEEK 3: JUNE 8-11
WEEK 4: JUNE 15-18
WEEK 5: JUNE 22-25
WEEK 6: JULY 6-10
WEEK 7: JULY 13-16
WEEK 8: JULY 20-23
WEEK 9: JULY 27-30



It's that time of year when our junior players are out of school and looking to stay active. We will once again be holding our Summer Junior Golf Program in conjunction with the Summer Tennis Program.

SPORTS CAMP

*will begin with golf first from
9:00 a.m.-10:15 a.m.
Tennis from 10:15 a.m.-11:30 a.m.
Pool and lunch time will be available from
11:30 a.m.- 2:00 p.m.*

*Every Thursday: Kids will Golf or Tennis
from 9:00 - 10:15 a.m. to end the week from
10:15-11:30 a.m. there will be combined
Activities which will include; dodge ball, basketball,
capture the flag, tennis activities and golf activities.*

Member: \$45 per day/\$170 per week

Non-Member: \$55 /\$220 per week

Jonathan Davis– Tennis Camp Coordinator
jdavis@thelodgeatventanacanyon.com
520-577-4009

Kevin Christian– Golf Camp Coordinator
kchristian@thelodgeatventanacanyon.com
520-577-4015



***Additional \$10 per day for Lunch
**Additional \$25 per day for all Day
Program.**

EVENTS



COLLEGE OF OPTICAL SCIENCE UNIVERSITY OF ARIZONA COLLEGE AND MIRROR LAB TOURS

THURSDAY, APRIL 9, 2015

\$80.00 PER PERSON INCLUSIVE (COVERS BUS, TOURS, WINE, BEER AND HEAVY HORS D'OEUVRES)

PARTICIPANTS: MAXIMUM OF 60 PARTICIPANTS

SCHEDULE:

- 3:45 PM BOARDING**
- 4:00 PM BUS DEPARTS VENTANA CANYON GOLF & RACQUET CLUB**
- 4:45 PM ARRIVING ON CAMPUS**
- 5:00 PM GROUP 1 TOUR MIRROR LAB
GROUP 2 TOUR OPTICAL SCIENCES**
- 5:45 PM GROUP 2 TOUR MIRROR LAB
GROUP 1 TOUR OPTICAL SCIENCES**
- 6:30 PM RECEPTION AT OPTICAL SCIENCES (BEER, WINE AND HEAVY HORS D'OEUVRES)
WELCOME FROM DR. TOM KOCH, DEAN, COLLEGE OF OPTICAL SCIENCES**

COLLEGE OF OPTICAL SCIENCES TOUR

The College of Optical Sciences tour will include the College's Large Optics shop to view its current projects, including the Advanced Technology Solar Telescope (ATST) primary mirror, Poly-Cam which is part of the Osiris-Rex Asteroid Sample Return Mission, and the Hobby Eberly Telescope Wide Field Corrector.

The tour will also include the College's Optics Museum housing a vast collection of antique and historic telescopes, microscopes, lenses and cameras. These specimens represent work by the world's most respected instrument makers from the 18th century to the present.

MIRROR LAB TOUR DESCRIPTION:

The Steward Observatory Mirror Lab is producing the largest and most technically advanced giant telescope mirrors in the world. This UA facility melds cutting-edge scientific research with innovative manufacturing techniques. Using unparalleled optical technology, revolutionary spin-casting and polishing techniques to produce the next generation of giant telescope mirrors that will revolutionize the way we view the universe.

Participants must wear comfortable closed toe shoes and be able to climb stairs during the tour.

PLEASE RSVP WITH GWYEN AT 577-4000, PRIOR TO APRIL 2, 2015.
48-HOUR CANCELLATION POLICY IN EFFECT

EVENTS



UA SCIENCE

Ventana Canyon Golf and Racquet Club – UA Science Lecture

Wednesday, April 22, 2015

5:30-6:30 p.m.

\$10.00 per person

Lecture Series: “*Mind and Brain*”

Lecture: “Normal Aging: What is the Impact on the Brain and Memory?”

One of the great frontiers of contemporary science is exploration of the mind. The brain embodies our individual identities as well as our ability to cooperate with others to understand the remaining mysteries of our universe. It is composed of billions of cells, the connections amongst which capture and preserve unique experiences. Over the past half-century, ideas about the aging brain have evolved away from it being an organ of passive deterioration towards the realization that it is capable of dynamic adaptation and high levels of function well past 100 years.

Guest Speaker: Dr. Carol Barnes

Regents’ Professor, Departments of Psychology, Neurology and Neuroscience

Director of the Evelyn F. McKnight Brain Institute, University of Arizona



The central goal of Dr. Barnes’ research program is to understand how the brain changes during the aging process and what the functional consequences of these changes are on information processing and memory. Her research program involves behavioral, electrophysiological and molecular biological approaches to the study of young and aged rodents and non-human primates. This work provides a basis for understanding the basic mechanisms of normal aging in the brain and sets a background against which it is possible to assess the effects of pathological changes such as Alzheimer’s disease. Some current work also includes an assessment of therapeutic agents that may be promising in the alleviation or delay of neural and cognitive changes that occur with age.

Please RSVP with Gwyen at 577-4000 or via email at graamat@thelodgeatventanacanyon.com

EVENTS

Happy Trails Member Mixer

Thursday, April 23
on the Front Circle

Live Music Provided by Andy Hersey

5:30-7:00 p.m.
\$21.95 ++ per person

Please RSVP with Gwyn at 577-4000.



DOMAINE SERENE

Domaine Serene Tasting
Thursday, April 2nd
5:00 - 7:00 p.m.

\$25.00 ++ per person

Please RSVP with Gwyn at 577-4000.

EVENTS

Happy Hour at
Ventana Bar & Grill

happy hour

EVERYDAY

4:00 - 6:00 p.m.



Friday Night Fish Fry

5:00 - 9:00 p.m.

**Blue Moon Battered Cod
with French Fries, Cole Slaw,
Tarter Sauce
and Malt Vinegar**

\$16.00

**Blue Moon Belgian White Ale
is \$5.00 for a Pint**

**Save
the
Date**



May

- 5 Cinco de Mayo Member Mixer
- 10 Mother's Day Brunch
- 19 Book Club

Viva Italia

Every Wednesday

5:00 - 9:00 p.m.

Enjoy Italian style dining.

**Adults \$26.95 ++
Children 6-12 \$10.95 ++
Children under 5 pay their age,
plus tax and gratuity.**

Please make your reservation by calling the
dining room at
577-4075.

Prime Rib Night

Saturdays

5:00-9:00 p.m.

*Includes: 8 oz. prime rib, choice of baked
potato, mashed potato or rice, seasonal
vegetable.*

\$18.95++ per person

*(This is not a buffet, so sit back and let
us serve you.)*

Please make your reservation by
calling the dining room at
577-4075.

EVENTS

Sunday Brunch

9:00 a.m. - 12:00 noon

Every Sunday

\$18.95 ++ per person; Children 6-12, \$9.95 ++; Children 5
& Under pay their age

Assorted Pastries and Muffins
Assorted Fruit and Berries
Imported and Domestic Cheeses, Assorted Crackers and Sliced Baguettes
Assorted Toasted Bagels and Whipped Cream Cheese
Eggs Benedict
Crispy Bacon and Sausage Links
O'Brien Potatoes
Cheese Blintzes
Carving Station with Cherry Glazed Ham
Carved Roasted Turkey with Cranberry Sauce
Eggs and Omelettes Made-to-Order
Waffles Made-to-Order

Please RSVP with the dining room hostess at 520-577-4075.

Mother's Day Brunch

Sunday, May 10th

Seatings at 10:30 a.m. and 1:00 p.m.

Adult Buffet \$39.95++ Per Person
Children 6-12 \$12.00++,
Children under 5 pay age

Please RSVP with the Dining Room Hostess at 520-577-4075.

TENNIS

Sneaks and Cleats



Sunday, April 12th will be our 3rd Sneaks and Cleats event. The format will be three rounds of modified scoring doubles followed by a 9-hole best ball scramble. The entry fee will be \$20 cash and the winning team will take home the pot. There will be time in between tennis and golf to change clothing, eat lunch, and hit the driving range to warm up. Please sign up before April 6th to give us enough time to make the teams.

Tennis Mixer at Tucson Country Club



On Friday, April 17th we will be having a social mixer with the Tucson Country Club and La Paloma over at TCC. There will be tennis, snacks and drinks followed by the option to eat dinner at their restaurant. The tennis, snacks and drinks will be from 5-6:30pm. Please sign up in the pro shop so that we have a good estimate on how many people will be participating.

TENNIS PLAY DURING POOL CONSTRUCTION

While the construction is taking place for the new resort pool, the tennis courts will be affected by noise and dust. We will be taking Court 5 off the reservation sheet during the demolition and excavation portions of the construction as it is the closest to the construction.

We will also be taking extra effort in blowing the courts off as they become dusty. Please keep the construction in mind when making court reservations as we will be down a court on our busier days.

Adult Program Break April 7-9th

There will not be any adult clinics on the Tuesday, Wednesday, and Thursday of April 7-9th. We apologize for any inconvenience this may cause. Clinics will start back up on Tuesday, April 14th.

TENNIS

Upcoming Events

- April 12 Sneaks and Cleats
- April 17 TCC Mixer
- May 8 Ventana Mixer with TCC & La Paloma
- May 30 French Open Club Doubles
- June 27 Wimbledon Club Doubles



Pickleball is Expanding!

The Pickle Ball movement is getting very popular. So popular that we are adding two more courts! We will be experimenting with court placement to find the best way to have four permanent pickle ball courts.

There are regular drop-ins on Tuesday afternoons at 4:00 p.m., Thursday morning at 9:00 a.m., and Saturday morning at 9:00 a.m. These drop-ins are a great place to learn the rules and to meet fellow players to schedule games outside of the drop-ins.

If you would like to reserve the pickle ball courts you may do so up to one week in advance in the Pro Shop. The Pro Shop will have paddles and balls available for use during normal shop hours. The equipment will be available for check out outside of shop hours in the same manner as checking out the ball machine with the concierge.

Tennis

April Clinic Schedule

ADULTS (NO CLINICS APRIL 7-9TH)

Tuesday 9 am - Beginner/Intermediate clinic

Thursday 9 am - Advanced clinic

Tuesday 6 pm – All level clinic

JUNIORS

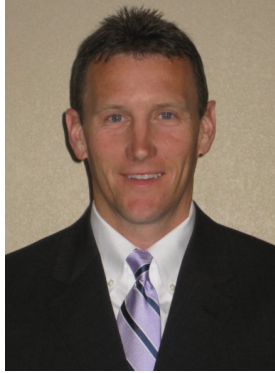
Monday and Wednesday 4:30-5:30 pm – Jr. Stars

Monday – Wednesday 4:30-6 pm – Jr. Competitive

GROUNDS

Warm Weather in March/April is Great for the Courses

Spring is in the air and the Masters is right around the corner!! Spring has arrived early this year with February temperatures reaching 80 degrees. March is off to a great start. The trees are starting to bud out and the desert flowers are blooming. The weather in March & April is great for the golf courses.



WALLY DOWE

With the mild winter this past year frost delays are at a record low. We have experienced 30 frost delays as of 3/20/15. The previous low was 32. Rainfall is holding at 3.66" as of 3/20/15 after a very wet January.

With the Masters right around the corner it is important that ALL golfers who play and enjoy the game of golf remember to keep some sense of reality when watching the tournament. The entire year at Augusta is planned around one week in April. The course is closed in May and does not reopen until after overseeding in October. The expectation is perfection and the resources are available to meet that expectation. They have one single goal in mind and every decision and

every resource is funneled to achieve that goal. It is absolute perfection and an incredible experience to witness in person. So, enjoy your Sunday afternoon in April watching the final round as the players once again try to tame Amen corner. But remember, there is only one Augusta!

Please remember to fill your divots, repair your ballmarks and avoid high traffic areas with your golf cart. If you have any questions or concerns please feel free to contact me at 577-4013 or ventanacanyon1@qwestoffice.net Swing hard in case you hit it and remember to putt the short ones.



Photo courtesy of Doug Bear



Catalina Cup Schedule for 2015

May 6 The Gallery
May 11 Mountain View/Preserve

Rattlesnake Warning

- Please be aware that rattlesnakes are out and
- have been reported on the
- golf courses and grounds
- at Ventana Canyon. Please
- be careful when looking for
- golf balls or walking through
- vegetation. Your safety is
- our priority.



2015 PIMA CUP

Ventana Canyon has rejoined Pima Cup for the 2014 - 2015 season. The schedule of Pima Cup venues is as follows; (shotgun starts will begin at the indicated times):

Apr. 8, 2015 [Wednesday]	@ Saddlebrooke#2	12:30 pm
Apr. 20, 2015 [Monday]	@ Ventana Canyon	1:00 pm
May 6, 2015 [Wednesday]	@ Saddlebrooke Ranch	8:30 am

- At each of the above venues, the Ventana Canyon team will play a match against a team representing a different one of the other seven Clubs participating in the Pima Cup. Each of these matches will be contested by teams comprised of three 2-man sides from each of the two competing Clubs - there will be a two-man 'A' flight side, 'B' flight side and 'C' flight side from each Club. The golf format is two-man better ball, with 1 point, 1/2 point and 0 point awarded to the two-man side that wins, halves or loses a hole respectively. Net scoring will apply, with strokes awarded versus the low handicap player in each foursome.
- 'A' flight players must have a maximum USGA handicap index of 8.9 and will play from tees longer than 6300 yards.
- 'B' flight players must have a USGA handicap index in the range from 9.0 to 17.9 and will play from tees in the range from 5800 yards to 6300 yards.
- 'C' flight players must have a USGA handicap index in the range from 18.0 to 28.0 and will play from tees shorter than 5800 yards.
- The cost for each Pima Cup event is \$70 per man. This includes greens fee, cart fee and range balls, as well as a buffet lunch or dinner following golf. The \$70 cost also includes payouts of approximately \$70 per man and \$50 per man, respectively, to the 'A', 'B' and 'C' sides that achieve the highest and second highest point totals (out of the eight competing sides in each flight) at each Pima Cup event.
- The Ventana 'A' flight will be captained by Randy Larson (rjl Larson717@aol.com).
- The Ventana 'B' flight will be captained by Tom Kehoe (tomkehoe614@gmail.com)
- The Ventana 'C' flight will be captained by George Morgan (georgegrita@aol.com)
- Please contact the appropriate one of these captains if you would like to play in Pima Cup.
- Pima Cup is designed to enable Club members to participate in friendly competition with like-skilled players at various golf venues in Pima county. You will enjoy playing if you give it a try.

Dennis Howe

SENIORS

Ventana Canyon 2015 Seniors' Golf Schedule

DATE	EVENT	COMMENTS
Apr. 7	SENIOR CHAMPIONSHIP- individual medal play	Gold A & B / Silver flights
Apr. 14	Yin & Yang of Golf - individual scoring	Gold A & B / Silver flights
Apr. 21	4 Ball 2 Best Modified Stableford	Gold A & B / Silver flights (AWARDS LUNCHEON)
Apr. 28	4 Ball 2 Best Balls (GUEST DAY - \$35)	Gold A & B / Silver flights



Men's Member- Guest "Shootout" April 15 - 18, 2015

Entry Fee: \$495 per team

Field: Limited to the first 60 teams

Format: Round Robin match play

Handicaps: April 1st handicaps will be used, 80%
Maximum 10 stroke differential

Schedule of Events

Wednesday, April 15th

Optional Practice Round	Tee Times (Mountain Course)
Horse Race	3:30pm
Registration and Pari-mutuels	5:30pm
Opening Dinner	6:00pm

Thursday, April 16th

First Match (Canyon Course)	8:00am shotgun
Second Match (Canyon Course)	11:00am shotgun
Lunch	1:00pm
Evening Open	

Friday, April 17th

Third Match (Mountain Course)	8:00am shotgun
Fourth Match (Mountain Course)	11:00am shotgun
Lunch	1:00pm
Evening Open	

Saturday, April 18th

Fifth Match (Canyon Course)	8:00am shotgun
Final Match (Canyon Course)	11:00am shotgun
Lunch	1:00pm
Final Shootout (Canyon Course)	3:00pm
Closing Reception & Awards Dinner	6:45pm

Western Attire Requested

To Register call the Club Golf Shop at
520-577-4061

GOLF ACADEMY

Putting on Difficult Greens

You may have noticed a couple of things about our greens this year:

- 1) They have been in fantastic condition.
- 2) They have at times been very fast and difficult to judge distance on.

Here is a good way to approach putts at Ventana in these conditions.

For uphill / up grain putts, pick a line based on the ball rolling 12 inches through the hole. This is a line the ball will have travelled if it rolled over the center of the hole without falling in. Most players over read uphill / slower putts.

For downhill / down grain putts, pick a line based on the ball falling into the hole on its very last roll (almost stopped when it reaches the hole). Based on this, trace a line back from the hole along the putts break line, then aim for the very highest point on this line. Most players under read these putts.

Once you have picked the line, commit to it and then just think about speed. Getting the speed right is all about controlling the tempo of the putter. Perfect tempo feels like the putter is rocking back and forth like a pendulum, with very little hand manipulation. Here's a method for improving your tempo.

Place an alignment aid on the ground aimed at the hole about 3-4 feet away. Then place two tees about 10-12 inches apart outside the aids, as Pat has set up below (Fig 1).



Figure 1 3-4 Foot Putt



Figure 2 15 Foot Putt

Practice a stroke where the putter stays relatively within the area set by the two tees. Keep rocking the putter back and forth within this area continuously. Then put a ball down and repeat the stroke. Then move back to a 15 foot putt and widen the tee area to about 24 inches apart (Fig 2). Repeat the practice exercise.

Set this drill up for different length putts. You may need to adjust the width of the tees based on your particular stroke acceleration. For a very fast downhill 2-3 foot putt the tees may only need to be a couple of inches apart while for a 30-40 foot putt they may need to be 5-6 feet apart. Your consistency and distance control will improve when you understand what your best length stroke feels like for different distances.

Have fun practicing and I'll see you on the putting green.

W.G.A.

Hi Ladies,

We have had a very busy month of golf and fun with beautiful weather and April promises to be the same! On February 18, we played in the Tin Whistle, an individual Stableford event - congratulations, as always, to the winners! February 26 was the first day of the WGA Championship, a 3 day gross score event for the ladies in the Championship Flight, and a 2 day gross and net event for the other 4 flights. March 5 was the final day of play resulting in the win by Sherri Matiussi, followed up by Liz Iacono! Congratulations, ladies, and to all the other flight winners! A big Thank you to Peg Rosenquist for organizing this event! There is a photo gallery and a complete list of winners on our website, ventanacanyonclub.com. Following play, we enjoyed a soup, salad, and ice cream buffet along with our General Meeting. The next week, we had a Partners event, in which our 2 gross scores on each hole were added together - it was a little more difficult event than usual, for some of us anyway! Congratulations to Mary Kunkel, who had a Hole-in-One on 16 Canyon!

I am looking forward to report the results of our Hole in the Wall event in the May Vistas. A special thank you to Margie Matthew and Loretta McCarthy and their committee members who ran a successful 2015 Hole in the Wall Event. All 82 participants enjoyed the big break, the two-day Stableford format, and the international meals.

April 2 will be the final day of our 2 day Eclectic Event, in which we will be trying to improve our hole by hole scores from the preceding week.

Choose your team for Wally's Revenge on April 9 - we wonder how diabolical his obstacles will be this year! Our regular buffet lunch will be in the Sabino Room where we are going to have a special send off toast to Chuck Wallace, be sure to attend.

Our second Friendship Scramble with the Niners of the season (April 22 at 2:00 pm) will be extra special as the 10th Hole party will be at the home of Cheryl Neal, 6452 N. Desert Wind Circle. (Midway on #1 Mountain).

Finally, we are looking forward to our last event of the season, our 2 day Member-Member with a Beach Party theme on Wed and Thurs, April 29th and 30th - it seems no one can believe that our season will already be ending! Our final WGA meeting of the season will be after the second Member/Member luncheon on April 30th.

Hit them straight and long!

Christy Walker



2015 Schedule of Events

April 2	ECLECTIC PLAY DAY TWO. On hole by hole basis, try to improve your score from day one.
April 9	WALLY'S REVENGE. Team play. One best ball on par 3's and 4's and two best balls on par 5's. Pick your team.
April 16	.NO EVENT. Men's Shoot-Out
April 23	THREE WORST HOLES. Deduct three worst holes from gross score minus full handicap.
April 29 & 30	MEMBER-MEMBER. 8am shotgun/lunch. Pick your partner.

W.G.A.

W.G.A. CHAMPIONS

Championship Flight

WGA Champion...Sherri Mattiussi
2nd place...Liz Iacono

First Flight

1st Gross...Allison Dittman
1st Net...Ann Dobbie
2nd Net...Cheryl Kehoe

Second Flight

1st Gross...Carol Howe
1st Net...Pat Citron
2nd Net...Betsy Robinson

Third Flight

1st Gross ...Marianne Henderson
1st Net...Ann Byon
2nd Net...Mee Lee

Fourth Flight

1st Gross...Cheryl Neal
1st Net...Ingrid Cipriano
2nd Net...Margie Matthew



*Congratulations to
Sherri Mattiussi*

*Our 2014-2015
W.G.A.
Club Champion*



WGA - NINER 4 LADY SCRAMBLE

APRIL 22, 2015
2:00 P.M. SHOTGUN

**ALL WGA MEMBERS AND NINERS
ARE INVITED TO PLAY**

FORMAT: 2 NINERS & 2 18-HOLER TEAMS
BY THE PRO SHOP - A,B,C,D PLAYER - PRIZES

10TH HOLE AFTER PARTY

AT CHERYL NEAL'S HOUSE ON MOUNTAIN #1 - 6452 N. DESERT WIND CIRCLE

DRINKS AND HORS D'OEUVRES PROVIDED

SIGN UP IN LADIES LOCKER ROOM

NINERS

April brings great Spring golfing weather and gorgeous cactus flowers on the course! Please join us on April 6 for our Interclub Invitational golf event, followed by a fabulous lunch and raffle. Judy Chapman is our chair for this very special event and has worked hard with her committee members to make this event a big success. On April 13, our Niners event will be a short game, followed by our last luncheon meeting of the season and our election of our new Board members.

Our Niners events this past month were challenging and fun! We had a great time at the Niners' Member/Guest Day on March 2, playing a Step Aside Scramble. **Our winners were first place, Debbie Kay, Jackie Bartick, Ellen Nicoletti, and Carol Manuel; second place, Sylvia Pozarnsky, Anne Lyman, Nancy Retson, and Susan Grana; third place, Judy Chapman, Diana Deshler, Lynda Rogoff, and Mary Ann Roos; and fourth place, Anne Northrup, Mary Lightfoot, Sonya Huntington, and Lana Holstein.**

Our Member/Guest Day Contest winners were:

Closest to the Hole - Member Ellen Nicoletti and Guest Pat Pyron

Closest to the Line - Member Judee Henderson and Guest Teri Bloom

Many thanks to Debbie Kay, Patte Patterson and Ellen Nicoletti for making our Member/Guest day such a great event!

The Niners regular play on March 9 was the Lone Ranger event, and each player in a four person team played on certain holes as the Lone Ranger. Applying strategy and handling the pressure, the winners were:

FIRST PLACE: Cheri Brooks, Betty Bloom, Anne Northrup, and Rita Graham;

SECOND PLACE: Diana Deshler, Helene Miron, and Carol Lent

THIRD PLACE: Karen Sislo, Cindy Jerrems, Suzette Racine, and Tiffany Withers

Mark your calendars now for our great April events. Niners should sign up at least 8 days before each Monday's event either on Chelsea or by emailing our Niners Pro Matt Coyle at mcoyle@thelodgeatventanacanyon.com. Special thanks to Matt for all he does to make our Niners events so enjoyable!

Anne Northrup

2015 NINERS SCHEDULE OF EVENTS

April 6	INTERCLUB INVITATIONAL - STEP-ASIDE SCRAMBLE	9:00 a.m. shot-gun and <i>Lunch</i>
April 13	SHORT GAME	9:00 a.m. shot-gun and <i>Luncheon Meeting</i>
April 20	STRING ME ALONG	Assigned Tee Times
April 27	FREE PLAY	Assigned Tee Times



*Please sign up on Chelsea one week before each event. It's the most reliable way for everyone to be included and gives the professional a better chance to set up our teams. (Late entries through the pro shop can be accepted but let's try to keep that to a minimum.)

FITNESS

Health Tips by Margery Rubin, Fitness Director

Plantar Fasciitis: what is it and how do you treat it?

Your plantar fascia is the thick swath of connective tissue covering the bones on the bottom of your foot. When it is strained or overstretched, the pain can be excruciating. The pain can be caused from over activity, distance running, weight gain, poor arch support and flat feet. There is a simple strength-training exercise that has been proven effective for relief. Stand barefoot with your sore foot on a step. Roll a towel under your toes and let your heel hang off the step. Lift your other leg off the floor, bent slightly at the knee. Slowly raise your sore heel, count 3 seconds, pause for 2, then lower for 3 seconds. Do 3 sets of 12 repetitions every other day. This may also be preventative. Other forms of treatment are the use of anti-inflammatory's, ice and rest.

Alarming Winning Numbers for a Healthy You:

(2) hours of T.V. per day
Too much T.V. can increase the triglycerides in your blood and lowers HDL (good) cholesterol, which can harm your heart.

(2.7) days you should stay home with the flu. Anything less and you risk infecting co-workers. Sixty percent of workers go to the work site when they are sick.

(20) most miles you should commute in a day. Longer commutes are associated with higher blood pressure, more worrying and chronic stress.

(7) hours of sleep per night to control weight. In a study of 21,000 healthy adults, those who slept five or fewer hours per night were 50 percent more likely to become obese.

(7+) daily servings of fruits and vegetables This is more than the five a day that used to be recommended, but the extra servings have been proven to reduce the risk of early death by 42 percent, according to a British study.

(60-100) heartbeats per minute at rest, A gain of 10 beats per minute over normal can increase your dying of heart disease by 10-18 percent, a new study finds.

(1500) max amount of sodium in mg an average adult should consume daily. Processed foods are high in sodium, substitute with fresh whole foods to lower blood pressure.

Can blood pressure be controlled with diet?

Yes, says Frank Sacks, a professor of cardio prevention at the Harvard Chan School of Public Health and Professor of Medicine at Harvard Medical School.

A typical American diet is high in fat, salt and calories, which can cause high blood pressure. It begins with an

increase of activity in the sympathetic nervous system, which is responsible for "fight or flight" reactions. The arteries feeding the heart become stiffer. Your smaller blood vessels do not relax enough because their muscle cells proliferate and cells in their lining don't function normally. The excess sodium intake causes the heart and arteries to contract more, with the heart having to pump more blood. The kidneys retain more sodium than normal and the blood vessels in the kidneys and adrenal glands contract more. An excess of abdominal fat makes the larger arteries stiffer and the sympathetic nervous system more active. But High Blood Pressure can be reversed with a low sodium, low calorie diet says Frank Sacks. With this diet the weight loss achieved makes the sympathetic nervous system less active. The weight loss combined with the low sodium intake makes the large arteries less stiff. With a healthier diet the abdominal fat decreases, the kidneys are able to excrete more sodium and the small blood vessels relax more.

High blood pressure raises the risk of: vision loss, stroke, heart attack, kidney damage, erectile dysfunction, and peripheral artery disease. Check your blood pressure regularly and eat a low sodium, heart healthy diet.

FITNESS SCHEDULE: APRIL 2015

Monday	Tuesday	Wednesday	Thursday	Friday
Pilates 8:30-9:30 a.m.	Circuit/Strength Training 10-11 a.m.		Circuit/Strength Training 10-11 a.m.	Pilates 8:30-9:30 a.m.
	Beginning Pilates 4-5 p.m.	Yoga/Stretch 4-5 p.m.		

Classes are subject to change. Please call Margery at extension 326 for weekly updated schedules.

PERSONAL TRAINING: It is April already and some of you are planning for your spring departure. There is still time to develop some great healthy habits and routines that you can take home with you. Call me at 520-577-4020 or my cell phone at 520-241-6506 and let me help you establish a healthy start. I look forward to seeing you in the fitness room!

STRENGTH TRAINING: All levels welcome. Class emphasizes muscle toning and strength using light weights, resistance bands and balls. \$10.00 per class

PILATES Emphasis on balance while concentrating on core strength using bands, balls and roller pads. \$12.00 per class

YOGA/STRETCH: Emphasis on flexibility and range of motion, specifically hamstrings and lower back. Perfect for golfers and tennis players. A complete body stretch utilizing yoga techniques.
\$10.00 per class

Fitness Center Hours: 5 a.m. - 10 p.m. daily

APRIL 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Viva Italia 5:30-9 p.m. 	<p>2</p> <ul style="list-style-type: none"> -WGA. -Masters Swim Team 9-10 a.m. -Advance Tennis Clinic 9-10 a.m. -Happy Hour 4-6 p.m. -Pickleball 9-10 a.m. -Swim Team Practice 4:30-6:30 p.m. -Domaine Serene Tasting 5-7:00 p.m. 	<p>3</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. 	<p>4</p> <ul style="list-style-type: none"> -MGA 8 a.m. shotgun -Club Doubles 9-11 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Prime Rib Night 5:30-9 p.m.
<p>5</p> <ul style="list-style-type: none"> -Easter Brunch 10:30 a.m. & 1:00 p.m. seatings -Easter Egg Hunt 12:00 noon sharp -Kids Eat Free 4-7 p.m. -Happy Hour 4-6 p.m. 	<p>6</p> <ul style="list-style-type: none"> -Niners' 9 a.m. shotgun -Masters Swim Team 9-10 a.m. -Ladies Texas Hold'em 1:45-3 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Charity Bridge 4:45 p.m. 	<p>7</p> <ul style="list-style-type: none"> -Seniors Golf 8 a.m. shotgun Championship -Ventana Velos Biking Group 9 a.m. -Masters Swim Team 9-10 a.m. -Knitter's Knook 10 a.m. -Pickleball Instruction 4-5 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. 	<p>8</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Viva Italia 5:30-9 p.m. 	<p>9</p> <ul style="list-style-type: none"> -WGA Wally's Revenge -Masters Swim Team 9-10 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -U of A Optical Science Lab Tour 3:45 p.m. 	<p>10</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. 	<p>11</p> <ul style="list-style-type: none"> Tennis Club Doubles 9-11 a.m. March Madness -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Prime Rib Night 5:30-9 p.m.
<p>12</p> <ul style="list-style-type: none"> -Sneaks & Cleats Tennis/Golf Event -Sunday Brunch 9 a.m. - 12:00 noon -Kids Eat Free 4-7 p.m. -Happy Hour 4-6 p.m. 	<p>13</p> <ul style="list-style-type: none"> -Niners' 9 a.m. shotgun -Masters Swim Team 9-10 a.m. -Ladies Texas Hold'em 1:45-3 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Charity Bridge 4:45 p.m. 	<p>14</p> <ul style="list-style-type: none"> -Seniors Golf 8 a.m. shotgun -Ventana Velos Biking Group 9 a.m. -Masters Swim Team 9-10 a.m. -Beginner/Intermediate Tennis Clinic 9-10 a.m. -Knitter's Knook 10 a.m. -Pickleball Instruction 4-5 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Adult Tennis Clinic 6-7 p.m. 	<p>15</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Men's Shootout 3:30 p.m. Horse Race -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Viva Italia 5:30-9 p.m. 	<p>16</p> <ul style="list-style-type: none"> -Men's Shootout 8 a.m. shotgun -Masters Swim Team 9-10 a.m. -Advance Tennis Clinic 9-10 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. 	<p>17</p> <ul style="list-style-type: none"> -Men's Shootout 8 a.m. shotgun -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Tennis Mixer at TCC 5:00-6:30 p.m. 	<p>18</p> <ul style="list-style-type: none"> Men's Shootout 8 a.m. shotgun -Club Doubles 9-11 a.m. -Pickleball 9-10 a.m. -Member Portraits 12-4 p.m. -Happy Hour 4-6 p.m. -Prime Rib Night 5:30-9 p.m.
<p>19</p> <ul style="list-style-type: none"> -Sunday Brunch 9 a.m.-12:00 noon -Kids Eat Free 4-7 p.m. -Happy Hour 4-6 p.m. 	<p>20</p> <ul style="list-style-type: none"> -Niners' t-times -Masters Swim Team 9-10 a.m. -Ladies Texas Hold'em 1:45-3 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Charity Bridge 4:45 p.m. 	<p>21</p> <ul style="list-style-type: none"> -Seniors Golf 8 a.m. shotgun -Ventana Velos Biking Group 9 a.m. -Masters Swim Team 9-10 a.m. -Beginner/Intermediate Tennis Clinic 9-10 a.m. -Knitter's Knook 10 a.m. -Almost Rider Cup 12:30 -Pickleball Instruction 4-5 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Adult Tennis Clinic 6-7 p.m. 	<p>22</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -WGA - Niners Event 2:00 p.m. shotgun -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Viva Italia 5:30-9 p.m. -U of A Lecture 5:30-6:30 p.m. 	<p>23</p> <ul style="list-style-type: none"> -WGA -Masters Swim Team 9-10 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Member Mixer 5:30-7 p.m. "Happy Trails" 	<p>24</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. 	<p>25</p> <ul style="list-style-type: none"> -Club Doubles 9-11 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Prime Rib Night 5:30-9 p.m.
<p>26</p> <ul style="list-style-type: none"> -Sunday Brunch 9 a.m.-12:00 noon -Kids Eat Free 4-7 p.m. -Happy Hour 4-6 p.m. 	<p>27</p> <ul style="list-style-type: none"> -Niners' t-times -Masters Swim Team 9-10 a.m. -Ladies Texas Hold'em 1:45-3 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Charity Bridge 4:45 p.m. 	<p>28</p> <ul style="list-style-type: none"> -Seniors Golf 8 a.m. shotgun -Ventana Velos Biking Group 9 a.m. -Masters Swim Team 9-10 a.m. -Beginner/Intermediate Tennis Clinic 9-10 a.m. -Knitter's Knook 10 a.m. -Pickleball Instruction 4-5 p.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Adult Tennis Clinic 6-7 p.m. -Book Club 6:15 p.m., 	<p>29</p> <ul style="list-style-type: none"> -Masters Swim Team 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. -Jr. Stars Tennis 4:30-5:30 p.m. -Jr. Competitive Tennis 4:30-6 p.m. -Viva Italia 5:30-9 p.m. 	<p>30</p> <ul style="list-style-type: none"> -WGA Member/Member -Masters Swim Team 9-10 a.m. -Pickleball 9-10 a.m. -Happy Hour 4-6 p.m. -Swim Team Practice 4:30-6:30 p.m. 		